

KENNETH A. DE LUCA, Ph.D. & ASSOCIATES, INC.

ADULT REQUEST FOR SERVICES

****The following is vital information in helping us to help you. Thank you!****

DATE: _____

NAME: _____
(LAST) (FIRST) (MI)

ADDRESS: _____
(STREET) (CITY) (ZIPCODE)

PHONE: _____ S.S.NO: _____

EMAIL: _____

BIRTHDATE: _____ AGE: _____ SEX: _____ MARITAL STATUS: _____

EDUCATION: _____ OCCUPATION: _____

EMPLOYER: _____ PHONE: _____

BEST NUMBER TO REACH YOU AT 1. _____ 2. _____ 3. _____

Please briefly describe the reason for your visit: _____

List all immediate family and significant relationships:

Name	Relationship	Age	Health Issues (specify)

Marital and Relationship History:

- Never married
- Married Date: _____
- Divorced Date: _____
- 2nd Divorce Date: _____
- _____
- In relationship now How long: _____
- Separated Date: _____
- 2nd Marriage Date: _____
- Widowed Date: _____
- _____

ADDITIONAL INFO: _____

SPOUSE'S NAME: _____ S.S.#: _____ AGE: _____ DOB: _____

SPOUSE'S OCCUPATION/EMPLOYER: _____

Please list any stressors that you have experienced recently (i.e. job change or loss, family illness or injury, accidents, death, moves, violence, crime victimization, etc.): _____

Please describe any PAST or PENDING legal matters including visitation/custody proceedings:

Please list any mental health services or chemical dependency; including counseling, you or a family member have previously received:

Name	Provider/Agency	Dates	Reason	Outpatient and/or Inpatient

Please list any major, chronic, significant illnesses or conditions you have had including injures due to accident.

CURRENT MEDICATIONS

Name	Dosage	Purpose	Prescribing Doctor	Side Effects?

❖ **ALLERGIES TO MEDICATIONS:** _____

❖ **EMERGENCY CONTACT:** _____
(Name) (Phone) (Relationship)

❖ **REFERRAL SOURCE or why, or how, did you select us?** _____

❖ I understand that my records are protected by laws governing confidentiality and cannot be disclosed without my written consent. I understand that I can revoke my consent at any time except when disclosure has already occurred. This consent will automatically expire twelve months from the date signed.

❖ Please check one: Please release any applicable information to my primary care/referring physician. Do not release any information to my physician. I do not have a primary care physician.

❖ **Primary Care Physician's Name, Address & Telephone Number:**

I agree and consent to participate in mental health services offered and provided by Kenneth A. De Luca, Ph.D. & Associates, Inc. I have reviewed a copy of the Ohio Notice Form: Notice of Psychology/Counselor and Social Worker's Policies and Practices to Protect the Privacy of Your Health Information.

Patient Signature: _____
(Legal Guardian / Power of Attorney Signature)

Date: _____

Clinician Signature: _____

Date: _____

KENNETH A. DE LUCA, Ph.D. & ASSOCIATES, INC.

FINANCIAL POLICY FOR OUR SELF-PAY PATIENTS

The associates and staff of Kenneth A. De Luca, Ph.D. & Associates, Inc., are pleased to have you as a patient and welcome you to their care. We believe it is important that you are aware of our payment policies prior to your treatment. This will avoid any future misunderstanding.

Our Practice Administrator is Jo. All questions concerning billing or your account should be directed to her at the time of your appointment or via a telephone call. Jo is available Monday through Wednesday between the hours of 8 a.m., and 2 p.m.

I UNDERSTAND AND AGREE TO THE FOLLOWING:

(Please Read and Initial All)

I understand that **I am responsible for paying all charges in full at the time of service. Initial Session \$190.00, Individual Session \$160.00, Family Session \$160.00, Testing Session \$160.00.**

The custodial parent bringing a minor client for services is responsible for paying **at the time of service**. Unaccompanied minors shall come prepared to make payment.

I understand that **if I do not have payment in full at the time of service that my appointment will be rescheduled.**

I understand that for any Psychological Evaluation there is a \$60 charge for the Comprehensive Report that must be paid in full at the first session before a full evaluation can be scheduled.

I will give 24 hours notice if an appointment needs to be rescheduled or pay \$50.00 for each missed appointment that another person in need could have had.

I understand that a **\$30 fee will be charged/added to my account** for a Return/ Non-Sufficient check.

I understand and agree that if my therapist (or my minor child or dependent's therapist) is required to appear in court or a deposition to testify relating to my (or my minor child or dependent's) treatment, then I am responsible for paying the therapist's regular session rate for all time required in connection with such testimony, including preparation time, travel, and time spent in the courthouse.

I understand that any type of electronic recording is **strictly prohibited** at any location within these offices.

Signature of Patient or Responsible Person

Date

KENNETH A. DE LUCA, Ph.D. & ASSOCIATES, INC.

OUTPATIENT SERVICES CONTRACT (ADULT)

Welcome to our practice. Therapy is a relationship that works in part because of clearly defined rights and responsibilities held by each person. This frame helps to create the safety to take risks and the support to become empowered to change. As a patient in psychotherapy, you have certain rights and certain limitations to those rights that you should be aware of. As a therapist, I have corresponding responsibilities to you. This document contains important information about our professional services and business policies. Please read it carefully and jot down any questions you might have so that we can discuss them at our first meeting. When you sign this document, it will represent an agreement between us.

PSYCHOLOGICAL SERVICES

Psychotherapy is not easily described in general statements. It varies depending on the personalities of the mental health provider and patient, and the particular problems you hope to address. There are many different methods I may use to deal with those problems. Psychotherapy is not like a medical doctor visit. Instead, it calls for a very active effort on your part. In order for the therapy to be most successful, you will have to work on things we talk about both during our sessions and at home.

Psychotherapy can have benefits and risks, and there are no guarantees as to what you will experience. Because therapy often involves discussing unpleasant aspects of your life, you may experience uncomfortable feelings like sadness, guilt, anger, frustration, loneliness, and helplessness. On the other hand, psychotherapy has also been shown to have benefits for people who go through it. Therapy often leads to better relationships, solutions to specific problems, and significant reductions in feelings of distress.

Our first few sessions will involve an evaluation of your needs. By the end of the evaluation, I will be able to offer you some first impressions of what our work will include and a treatment plan to follow, if you decide to continue with therapy. You should evaluate this information along with your own opinions about whether you feel comfortable working with me. At the end of the evaluation, I will notify you if I believe that I am not the right therapist for you and, if so, I will give you referrals to other practitioners whom I believe are better suited to help you.

Therapy involves a commitment of time, money, and energy, so you should be very careful about the therapist you select. If you have questions about my procedures, we should discuss them whenever they arise. If your doubts persist, I will be happy to help you set up a meeting with another mental health professional for a second opinion.

APPOINTMENTS

I normally conduct an initial evaluation that will last from 1 to 3 sessions. During this time, we can both decide if I am the best person to provide the services you need in order to meet your treatment goals. If we agree to begin psychotherapy, I will usually schedule a 45- to 55-minute session at the frequency of between once per week and once per month. If you are unable to attend an appointment, you must

provide 24 hours advance notice of cancellation, unless we both agree that you were unable to attend due to circumstances beyond your control. There will be a \$50 charge for any missed appointments or appointments that were not cancelled within the 24-hour window. After two missed appointments, it will be at the therapist's discretion to schedule another appointment. You are responsible for coming to your session on time and at the time we have scheduled. If you are late, we will end on time and not run over into the next person's session. If the appointment is for a minor, parents and/or guardians must attend the first appointment alone, so that the therapist can obtain a detailed and accurate history.

PROFESSIONAL FEES

My hourly fee is \$190 for the first session and \$160 for subsequent sessions. If you have insurance, a lower negotiated rate is often established depending upon our contract with the insurance company. If we meet longer than the usual time, I will charge accordingly. In addition to scheduled appointments, I charge this same hourly rate for other professional services you may need, though I will prorate the hourly cost if I work for periods of less than one hour. Other professional services include, but are not limited to, letter or report writing, telephone conversations lasting longer than 10 minutes, and attendance at meetings with other professionals you have authorized. If you become involved in legal proceedings that require my participation, you will be expected to pay for any professional time I spend on your legal matter, even if the request comes from another party. I charge \$250 per hour for professional services I am asked or required to perform in relation to your legal matter, which is not covered by your insurance. I will forward one copy of your records at no charge, but any copies after that will require a \$10 copying fee.

BILLING AND PAYMENTS

You will be expected to pay for each session at the time it is held, unless we agree otherwise or unless you have insurance coverage that requires another arrangement. Payment schedules for other professional services will be agreed to when such services are requested. In circumstances of unusual financial hardship, I may be willing to negotiate a payment installment plan.

If you have not made any payment for more than 60 days and arrangements for payment have not been agreed upon, I have the option of using legal means to secure the payment. This may involve hiring a collection agency or going through small claims court.

Our office will not carry balances over \$300. If your balance is over \$300 and you are not making payments, we will not schedule any further appointments until some payment is made. As long as you are making regular payments on your balance, we are happy to continue scheduling appointments.

INSURANCE REIMBURSEMENT

In order for us to set realistic treatment goals and priorities, it is important to evaluate what resources you have available to pay for your treatment. If you have a health insurance policy, it will usually provide some coverage for mental health treatment. I will fill out forms and provide you with whatever assistance I can in helping you receive the benefits to which you are entitled; however, you (not your insurance company) are responsible for full payment of my fees. It is very important that you find out exactly what mental health services your insurance policy covers.

You should also be aware that most insurance companies require that I provide them with your clinical diagnosis. You understand that, by using your insurance, you authorize me to release such information to your insurance company. I will try to keep that information limited to the minimum necessary.

CONTACTING ME

I am often not immediately available by telephone. Office staff is available to take your calls between 8 AM and 5 PM weekdays and 8 AM to 12 PM on Saturday. If you leave a message, I will make every effort to return your call within 24 hours, with the exception of weekends and holidays. If it is an urgent matter, please ensure that you inform the office staff of the urgency of the call. When the office is closed, our answering service is available 24/7 by calling the following number: (888)638-8034. Please contact this number only for after-hours emergencies. If you are unable to reach me and feel that you cannot wait for me to return your call, contact your family physician or the nearest emergency room.

AFTER HOURS EMERGENCY

In general, our office does not provide after-hours emergency care. If you feel as though you are at risk of harming yourself or others, it is recommended that you call 911 or go to the nearest emergency room. However, as a courtesy to our patients, our therapists will attempt to be available if you feel at risk of harming yourself or others. We provide an after-hours calling service that will attempt to connect you with your therapist. Although we cannot guarantee that your therapist will be available, we will connect you with a trusted resource if your therapist is unable to respond to your call. This service should be reserved for true emergencies—specifically feelings that you are at risk of harming yourself or someone else. Non-emergency calls will be relayed to your therapist with the expectation that your therapist will return your call within 24 hours, or on the next business day if you call on a weekend.

In general, I prefer not to communicate via email. If you elect to communicate with me by email at some point in our work together, please be aware that email is not completely confidential. Any email I receive from you, and any responses that I send to you, will be printed out and kept in your treatment record.

I do not communicate with, accept friend requests, or contact any of my current or former patients through social media platforms like Twitter and Facebook. I believe that adding patients as friends or contacts on these sites can compromise your confidentiality and our respective privacy. It may also blur the boundaries of our therapeutic relationship. The practice, Kenneth A. DeLuca, Ph.D. and Associates, Inc., has a Facebook Page and a website to allow our organization to share information, blog posts and practice updates with others. You are welcome to view the practice Facebook Page and read or share articles posted there. The Facebook page is not a place to contact me regarding clinical concerns or engage in any communication related to our therapy.

I will not use web searches to gather information about you without your permission. I believe that this violates your privacy rights; however, I understand that you might choose to gather information about me in this way. In this day and age, there is an incredible amount of information available about individuals on the internet, much of which may not actually be known to that person and some of which may be inaccurate. If you encounter any information about me through web searches, or in any other fashion, please discuss this with me during our time together so that we can deal with it and its potential impact on your treatment.

You may find my psychology practice on sites such as Yelp, Healthgrades, Yahoo Local, Bing, or other places which list businesses. If you should find my listing on any of these sites, please know that my listing is NOT a request for a testimonial, rating, or endorsement from you as my patient.

Of course, you have a right to express yourself on any site you wish. But due to confidentiality, I cannot respond to any review on any of these sites whether it is positive or negative. I urge you to take your own privacy as seriously as I take my commitment of confidentiality to you. You should also be aware that if you are using these sites to communicate indirectly with me about your feelings about our work, there is a good possibility that I may never see it. If we are working together, I hope that you will bring your feelings and reactions to our work directly into the therapy process. This can be an important part of therapy, even if you decide we are not a good fit.

If you feel I have done something harmful or unethical and you do not feel comfortable discussing it with me, you can always contact the Ohio State Board of Psychology or the Ohio Counselor, Social Worker and Marriage and Family Therapist Board, depending on your provider, which oversees licensing, and they will review the services I have provided.

CONFIDENTIALITY [for adult patients]

In general, the privacy of all communications between a patient and a mental health provider is protected by law. With the exception of certain specific exceptions described below, you have the absolute right to the confidentiality of your therapy. I cannot and will not tell anyone else what you have told me, or even that you are in therapy with me without your prior written permission.

In most legal proceedings, you have the right to prevent me from providing any information about your treatment. In some legal proceedings, a judge may order my testimony if he/she determines that the issues demand it, and I must comply with that court order.

There are some situations in which I am legally obligated to take action to protect others from harm, even if I have to reveal some information about a patient's treatment. For example, if I believe that a child, elderly person or disabled person is being abused or has been abused, I must make a report to the appropriate state agency.

If I believe that a patient is threatening serious bodily harm to another, I am required to take protective actions. These actions may include notifying the potential victim, contacting the police, or seeking hospitalization for the patient. If the patient threatens to harm himself/herself, I am obligated to seek hospitalization for him/her or to contact family members or others who can help provide protection. If a similar situation occurs in the course of our work together, I will attempt to fully discuss it with you before taking any action.

The next is not a legal exception to your confidentiality. However, it is a policy you should be aware of if you are in couples therapy with me. If you and your partner decide to have some individual sessions as part of the couples therapy, what you say in those individual sessions will be considered to be a part of the couples therapy, and can and probably will be discussed in our joint sessions. Do not tell me anything you wish kept secret from your partner.

OTHER RIGHTS

You have the right to ask questions about anything that happens in therapy. I am always willing to discuss how and why I have decided to do what I am doing, and to look at alternatives that might work better. You can feel free to ask me to try something that you think will be helpful. You can ask me about my training for working with your concerns and can request that I refer you to someone else if you decide I am not the right therapist for you. You are free to leave therapy at any time.

Your signature below indicates that you have read the **OUTPATIENT SERVICES CONTRACT (ADULT)** and agree to abide by its terms during our professional relationship.

PATIENT SIGNATURE _____ DATE _____